

## Starting Line

It's a relatively light schedule this week for WDA teams as several will be heading to Dickinson for the annual Becki Wells Invite on Saturday, Sept. 19.

## Cool Down

TMCHS' (Belcourt) Jacob Jensen won the individual title at the Grafton Meet on Sept. 10...Williston junior Leif Everson has won his first three meets...Six WDA runners are currently ranked in the latest coaches' poll.

## Team of the Week

Legacy was the top finisher among WDA teams at the Pre-State Meet at Lincoln Park in Grand Forks last week. Beau Brannan posted the top finish for the Sabers, placing eighth.

## Past WDA Champions

2014: Bismarck High  
2013: Bismarck High  
2012: Bismarck High  
2011: Bismarck High  
2010: Bismarck High  
2009: Bismarck High  
2008: Bismarck High  
2007: Bismarck High  
2006: Bismarck High  
2005: Bismarck High

## By the numbers

Three meets and three WDA runners won individual titles last week. TMCHS (Belcourt) Jacob Jensen won the Grafton Meet...BHS' Matt Bakken won the Mandan Kiwanis Invite and Williston's Leif Everson won the Pre-State Meet.

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## 2015 SEASON SCHEDULE/RESULTS

### This week's schedule

#### Saturday, Sept. 12

Dickinson Becki Wells Invite, Heart River G.C., 10 a.m. MT

#### Last week

#### Sept. 10

#### Grafton Meet, Fair Oaks G.C.

#### Team totals

1. Rugby, 40; 2. Four Winds-Minnewaukan, 93; 3. Hatton-Northwood-Thompson, 122; 4. Devils Lake, 143; 5. Valley City, 148; 6. Larimore, 152; 7. Grafton, 157; 8. Pembina Co., 181; 9. TMCHS (Belcourt), 252; 10. Langdon Area, 259; 11. Warwick, 305

Individual winner: Jacob Jensen, TMCHS, 17:26.86

#### Sept. 12

#### Mandan Kiwanis Classic, Mandan Municipal G.C.

#### Team totals

1. Bismarck High, 34; 2. Century, 48; 3. Dawson County, MT 114; 4. Mandan, 143;

**BISMARCK HIGH:** The Demons will run at the Becki Wells Invite in Dickinson on Saturday, Sept. 19. BHS won last year's meet.

Last week, BHS won the Mandan Kiwanis Classic, placing four runners in the top 10. Matt Bakken picked up his first-career title. He finished the 5,000 meters in a time of 16:21. Other top finishers (5. Stuart Wolf; 6. Dan Finley; 10. Russell Swagger). The Demons 10 runners placed 25th or better. Sam Clausnitzer, the team's top runner, did not compete. BHS remains ranked No. 1 in the latest coaches' poll. Four Demon runners are ranked in the top 10 (1. S. Clausnitzer, 5. Matt Bakken; 8. Dan Finley; 9. Stuart Wolf).

#### Mandan Kiwanis Classic

1. Matt Bakken, 16:21; 5. Stuart Wolf, 16:43; 6. Dan Finley, 16:52; 10. Russell Swagger, 17:21; 12. Jaden Fettig, 17:27; 13. Morgan Fairbairn, 17:34; 17. Dylan Rohrich, 17:55.57; 19. Steve Gotta, 18:00.14; 22. Ian Schafer, 18:13.61; 25. Nolan Maher, 18:30.28

**CENTURY:** The Patriots will compete at the Dickinson Becki Wells Invite on Saturday, Sept. 19. Century finished second at the Mandan Kiwanis Classic last week. Mason Stenehjem finished second in a time of 16:27. Two other runners (7. Evan Saylor and 9. Jamison Dietrich) placed in the top 10. Century continued to hold the No. 2 spot in the latest coaches' poll. Mason Stenehjem is ranked sixth in the individual poll.

#### Mandan Kiwanis Classic

2. Mason Stenehjem, 16:27; 7. Evan Saylor, 17:08; 9. Jamison Dietrich, 17:20; 14. Joseph Felton, 17:37; 24. Ryan Kohler, 18:23.54

**DICKINSON:** The Midgets will host the Becki Wells Invite on Saturday, Sept. 19. Dickinson finished fifth at the Mandan Kiwanis Classic last week. Dan Larew was the top finisher, placing 35th, in a time of 19:11.04.

#### Mandan Kiwanis Classic

35. Dan Larew, 19:11.04; 36. Michael Herauf, 19:16.23; 38. Ian George, 19:25.22; 46. Ethan Dietz, 20:12.98; 55. Christopher Dean, 21:05.15; 61. Wyatt Kainz, 21:51.12

**JAMESTOWN:** The Blue Jays are scheduled to compete at the Dickinson Becki Wells Invite on Saturday, Sept. 19. Jamestown finished eighth at last week's Pre-State Meet in Grand Forks. Kyle Schumacher paced the 'Jays with a 13th place finish in a time of 17:12.7

#### Pre-State Meet, Grand Forks

13. Kyle Schumacher, 17:12.7; 28. Cole Burkle, 17:55.43; 36. Dustin Wagner, 18:13.12; 38. Justus Naumann, 18:15.75; 82. Kaden Murray, 20:07.72; 89. Jared Anderson, 20:31.01; 101. Cody Lutman, 21:09.85

5. Dickinson, 163; 6. Bowman 167; 7. Southern McLean, 203; 8. Medina-Pingree-Buchanan, 257; 9. Standing Rock, 290; 10. Shiloh Christian, 319; 11. Solen, 326; 12. Killdeer, 334; 13. Hettinger-Scranton, 344; 14. Burke County, 351; 15. Garrison, 352; 16. Hebron, 362.

Individual winner: Matt Bakken, BHS, 16:21

#### Pre-State Meet, Lincoln Park, Grand Forks

#### Team totals

1. New Town, 53; 2. Fargo Davies, 111; 3. West Fargo, 131; 4. Legacy 140; 5. GF Central, 140. 6. Minot, 156; 7. GF Red River, 173; 8. Jamestown, 197. 9. Fargo South, 208. 10. West Fargo Sheyenne, 260. 11. Hillsboro-Central Valley, 320. 12. Williston, 323. 13. Beulah, 324; 14. Carrington, 381; 15. Northern Cass, 476; 16. Grafton, 515; 17. HattonNorthwood-Thompson, 523; 18. Devils Lake, 542; 19. Langdon-Munich, 593; 20. Barnes County North, 605

Individual winner: Leif Everson, Williston, 16:04.9

**LEGACY:** The Sabers will compete at the Becki Wells Invite in Dickinson on Saturday, Sept. 19. Legacy had a strong finish at the Pre-State Meet in Grand Forks last week, taking fourth. Beau Brannan turned in his best effort of the season, finishing eighth in a time of 16:59.

#### Pre-State Meet, Grand Forks

8. Beau Brannan, 16:59.0; 25. Thomas Tieszen, 17:48.25; 32. Braden Gilbertson, 18:04.44; 34. Isaiah Germolus, 18:06.13; 41. Jack Markle, 18:23.34; 50. Carl Reis, 18:40.74; 66. Taylor Toso, 19:10.48

**MANDAN:** The Braves will compete at the Becki Wells Invite in Dickinson on Saturday, Sept. 19.

Mandan finished fourth at its home meet last week, the Kiwanis Classic. The Braves were paced by Landon Kleingartner, who finished 18th. He completed the 5,000 meters in a time of 17:58.41.

#### Mandan Kiwanis Classic

18. Landon Kleingartner, 17:58.41; 20. Luke Peterson, 18:01.03; 32. Mason Brown, 18:58.99; 34. Ben Fishbeck, 19:06.08; 39. Eric Spilman, 19:33.14; 40. Taylor McDowell, 19:51.34; 51. Tyler Tibke, 20:29.91; 52. Trajon Viegen, 20:47.03; 60. Casey Beck, 21:36.59; 68. Casey Bonogofsky, 22:27.96.

**MINOT:** The Magicians are scheduled to compete in Dickinson at the Becki Wells Invite on Saturday, Sept. 19. Minot finished sixth at last week's Pre-State Meet in Grand Forks. Keston VanDusen led the Magi at the meet, finishing 22nd in a time of 17:41.88.

#### Pre-State Meet, Grand Forks

22. Keston VanDusen, 17:41.88; 29. Ethan Behm, 17:56.11; 30. Deven Forbes, 18:02.12; 33. Gabe Hegstad, 18:04.52; 42. Samuel Opozda, 18:24.16; 46. Thor Nelson, 18:27.29; 67. Austin Keller, 19:11.59

**TMCHS (Belcourt):** The Braves are scheduled to compete at the Becki Wells Invite in Dickinson on Saturday, Sept. 19. TMCHS finished ninth at last week's Grafton Meet. Jacob Jensen was the individual winner, posting a time of 17:26.86. It was his first career title.

#### Grafton Meet

1. Jacob Jensen, 17:26.86; 44. Justice Duchaine, 21:41.61

**WILLISTON:** The Coyotes will run at the Dickinson Becki Wells Invite on Saturday, Sept. 19. Williston finished 12th at last week's Pre-State Meet in Grand Forks. Leif Everson won the boys varsity division in a time of 16:04.9. It was Everson's third meet title in as many weeks. Everson moved up one spot to second in the latest coaches' top 10 individual poll.

#### Pre-State Meet, Grand Forks

1. Leif Everson, 16:04.9; 16. Keaton Mack, 17:14.4; 49. Sam Olson, 18:37.96

## Week 3 Coaches' Poll

### Team Rankings (As of Sept. 2)

1. Bismarck High; 2. Century; 3. Fargo Davies; 4. West Fargo; 5. G.F. Red River

### Individual Rankings

1. Sam Clausnitzer, Bismarck High; 2. Leif Everson, Williston; 3. Hunter Lucas, F Davies; 4. Leif Larsen, GF Central; 5. Matt Bakken, Bismarck

High; 6. Mason Stenehjem, Century; 7. David Hettich, GF Central; 8. Dan Finley, Bismarck High; 9. Stuart Wolf, Bismarck High; 10. Ty Boucher, GF Red River

## Starting Line

Five WDA members are scheduled to be in Grand Forks this Saturday, Sept. 12 to compete in the Pre-State Meet held at Lincoln Park. That will be the site and course used at the state meet, Oct. 24. Four other WDA teams, meanwhile, will run at the Mandan Kiwanis Classic on Sept. 12.

## Cool Down

For the first time in 79 meets in the state of N.D., Bismarck High was not victorious...Williston's Leif Everson won his second race of the season at the Bowman Meet...Jamestown captured their second consecutive meet title of the season in Aberdeen, SD...TMCHS Jacob Jensen was runner-up at the Rolling Hills Classic in Dunseith.

## Team of the Week

Century put together a solid showing at the Anderson-Stavn Invite last week, finishing third out of 13 teams. The Patriots had three finishers in the top 20.

## Past WDA Champions

2014: Bismarck High  
2013: Bismarck High  
2012: Bismarck High  
2011: Bismarck High  
2010: Bismarck High  
2009: Bismarck High  
2008: Bismarck High  
2007: Bismarck High  
2006: Bismarck High  
2005: Bismarck High

## By the numbers

Thirteen of last week's top 20 ranked runners, collectively in A and B,

participated in the Anderson-Stavn Meet at McDowell Dam east of Bismarck. S. Clausnitzer, BHS; T. Boucher, GFRR; D. Hettich, GFC; L. Larsen, GFC; M. Stenehjem, Century; M. Bakken, BHS; Stuart Wolf, BHS; J. Chase, New Town; R. Wheeling, NT; C. Hale, NT; J. Chase, NT; J. Hale, NT; D. LeBeau, NT

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## 2015 SEASON SCHEDULE/RESULTS

### This week's schedule

#### Saturday, Sept. 12

Pre-State Meet, Grand Forks, 12 noon CT  
Mandan Kiwanis Classic, 1 p.m. CT

#### Last week

#### Sept. 3

#### Bowman Meet, Bowman

#### Team totals

1. Beulah-Hazen 48; 2. Bowman Co., 67; 3. Watford City 87; 4. Williston, 89; 5. Killdeer, 155; 6. HettingerScranton 157; 7. Williston Trinity Christian, 165; 8. Solen, 169.

Individual winner: Leif Everson, Williston, 16:08.35

#### Sept. 4

#### Anderson-Stavn Invite, McDowell Dam, east of Bismarck

#### Team totals

1. New Town, 41; 2. Bismarck High, 41; 3. Century, 91; 4. G.F. Red River, 125; 5.

**BISMARCK HIGH:** The Demons will compete this Saturday, Sept. 12 at the annual Mandan Kiwanis Classic. BHS is coming off a second place showing at the Anderson-Stavn Invite last week. BHS actually tied for first with New Town, but the Eagles took the tie-breaker. It was the first time since 2004, the Demons did not win a meet it entered in the state of N.D. Five BHS runners finished in the top 20, however, led by senior Sam Clausnitzer. He won the 5,000 meter race in a time of 15:47.88. BHS remains ranked No. 1 in the latest coaches' poll. Three Demons runners are ranked in the top 10 (1. S. Clausnitzer, 5. Dan Finley, 6. Matt Bakken).

#### Anderson-Stavn Invite

1. Sam Clausnitzer, 15:47.88; 5. Dan Finley, 16:30.42; 6. Matt Bakken, 16:33.91; 11. Stuart Wolf, 16:58.12; 18. Jaden Fettig, 17:17.85; 23. Dylan Rohrich, 17:29.19; 24. Morgan Fairbairn, 17:34.68; 25. Russell Swagger, 17:37.31; 44. Steve Gotta, 18:35.67

**CENTURY:** The Patriots will head to east to Grand Forks on Saturday, Sept. 12 to take part in the Pre-State Meet event held at Lincoln Park. That will be the site of this year's state meet in October. Century finished third at last week's Anderson-Stavn Invite. Three runners placed in the top 20 led by Mason Stenehjem, who was 10th in a time of 16:51.79. Century holds its spot at No. 2 in the latest coaches' poll. One runner is ranked in the top 10 (10. Stenehjem).

#### Anderson-Stavn Invite

10. Mason Stenehjem, 16:51.79; 16. Joseph Wolfe, 17:06.30; 17. Eric Saylor, 17:12.82; 22. Joseph Felton, 17:28.35; 26. Jamison Dietrich, 17:42.66; 29. Evan Markel, 17:52.84

**DICKINSON:** The Midgets are scheduled to race in Mandan on Saturday, Sept. 12 at the annual Kiwanis Classic. Dickinson finished ninth in a talented field of teams and runners at the Anderson-Stavn Invite last week. Collin Schock paced the Midgets with a 20th place effort in a time of 17:20.42.

#### Anderson-Stavn Invite

20. Collin Schock, 17:20.42; 54. Michael Herauf, 18:58.28; 59. Ian George, 20:05.02; 68. Ethan Dietz, 21:12.63; 72. Jeremy Parker, 21:26.14

**JAMESTOWN:** The Blue Jays will compete this Saturday, Sept. 12 in Grand Forks at the Pre-State Meet. Jamestown earned its second consecutive meet victory last week at the Roe Granger Twilight Meet in Aberdeen, S.D. Kyle Schumacher won the 5,000 meet in a time of 16:59. It was a personal best time. Three other Blue Jay runners finished in the top five.

#### Roe Granger Twilight Meet

1. Kyle Schumacher, 16:59; 3. Cole Burkle, 18:14; 4. Justus Naumann, 18:15; 5. Dustin Wagner, 18:33; 20. Kaden Murray, 20:20.90; 25. Jared Andersen, 20:47.

G.F. Central, 132; 6. Legacy, 164; 7. Minot, 177; 8. Mandan, 226; 9. Dickinson, 273; 10. Southern McLean Co., 280; 11. Medina-P-B, 327; 12. Shiloh Christian, 370; 13. Standing Rock, 377

(New Town won tie-break based on finish of No. 6 runner)

Individual winner: Sam Clausnitzer, BHS, 15:47.88

#### Roe Granger Twilight Meet, Aberdeen, SD

#### Valley City Invite

#### Team totals

1. Jamestown 13; 2. Miller, S.D. 30; 3. Lisbon 42; 4. Aberdeen, SD Christian 58.

Individual winner: Kyle Schumacher, Jamestown, 16:59

#### Rolling Hills Classic, Dunseith

#### Team totals

1. Rugby, 30; 2. Four Winds/Minnewaukan, 62; 3. Langdon Area, 123; 4. TMCHS (Belcourt), 124; 5. Parshall, 125; 6. Dunseith, 129; 7. Burke Central 143

Individual winner: Jaydin Risovi, Rugby, 18:08

**LEGACY:** The Sabers will compete this Saturday, Sept. 12 at the Mandan Kiwanis Classic. Legacy placed 6th in a talented field of teams and runners at last week's Anderson-Stavn Invite. Beau Brannan's 21st place finish pace the squad. He finished in a time of 17:27.57.

#### Anderson-Stavn Invite

21. Beau Brannan, 17:27.57; 27. Thomas Tieszen, 17:46.16; 36. Jack Markle, 18:15.54; 36. Braden Gilbertson, 18:16.56; 45. Taylor Toso, 18:36.32; 52. Carter Scott, 19:48.71

**MANDAN:** The Braves will host their annual Kiwanis Classic on Saturday, Sept. 12 at Municipal Golf Course. Mandan finished eighth at last week's Anderson-Stavn Invite. Landon Kleingartner finished 30th in a time of 18:02.53.

#### Anderson-Stavn Invite

30. Luke Peterson, 18:02.53; 38. Landon Kleingartner, 18:19.19; 46. Ben Fishbeck, 18:42.02; 52. Mason Brown, 18:52.29; 60. Eric Spilman, 20:07.83; 64. Taylor McDowell, 20:39.76; 65. Tyler Tibke, 20:45.16; 77. Lee Heider, 22:29.68; 79. Casey Bonagofsky, 22:50.71

**MINOT:** The Magicians will head to Grand Forks on Saturday, Sept. 12 to run at the Pre-State Meet at Lincoln Park. That will be the site of this year's state meet in October. Minot is coming off a seventh place showing at last week's Anderson-Stavn Invite. Keston VanDusen was the top finisher for Minot. He finished the 5,000 meters in 17:52.17.

#### Anderson-Stavn Invite

28. Keston VanDusen, 17:52.17; 31. Ethan Behm, 18:04.70; 37. Austin Folk, 18:18.75; 40. Thor Nelson, 18:22.94; 41. Gabe Hegstad, 18:25.51; 47. Samuel Opozda, 18:42.44; 48. Deven Forbes, 18:45.23; 55. Austin Keller, 19:06.16

**TMCHS:** The Braves are scheduled to compete at the Pre-State Meet in Grand Forks on Saturday, Sept. 12. TMCHS finished fourth at the Rolling Hills Classic held last week in Dunseith.

#### Rolling Hills Classic

2. Jacob Jensen, 19:01; 21. Justice Duschaine, 23:32

**WILLISTON:** The Coyotes will run in Grand Forks on Saturday, Sept. 12 at the Pre-State Meet at Lincoln Park. Williston is coming off a fourth place showing at the Bowman Meet last week. Leif Everson won the event in a time of 16:08.35. It was Everson's second title in as many weeks. Two other Coyotes finished in the top 10. Everson moved up one spot to third in the latest coaches' top 10 individual poll.

#### Bowman Meet

1. Leif Everson, 16:08.35; 3. Keaton Mack, Will., 17:32.67; 8. Sam Olson, Will., 18:32.44

## Week 2 Coaches' Poll

### Team Rankings (As of Sept. 2)

1. Bismarck High; 2. Century; 3. Fargo Davies; 4. G.F. Red River; 5. G.F. Central

### Individual Rankings

1. Sam Clausnitzer, Bismarck High; 2. Leif Larsen, GF Central; 3. Leif Everson, Williston; 4. Hunter Lucas, F Davies; 5. Dan Finley, Bismarck

High; 6. Matt Bakken, Bismarck High; 7. Ty Boucher, GF Red River; 8. Jacob Henne, F Davies; 9. David Hettich, GF Central; 10. Mason Stenehjem, Century

## Starting Line

All nine WDA programs will be in action this week, including several taking part in the Anderson/Stavn Invite at McDowell Dam east of Bismarck. BHS, Century, Legacy, Dickinson, Minot and Mandan are expected to compete.

## Cool Down

Three WDA runners won individual races last week -- Sam Clausnitzer, BHS; Kyle Schumacher, Jamestown; Leif Everson, Williston...The Anderson/Stavn Invite was moved from Sept. 3 to Sept. 4 due to anticipated severe hot weather...

## Team of the Week

**Bismarck High** showed no signs of slowing down. The 10-time defending state champions cruised to the team title at the annual Rusty Bucket Meet on Aug. 27. Six runners finished in the top 10.

## Past WDA Champions

2014: Bismarck High  
2013: Bismarck High  
2012: Bismarck High  
2011: Bismarck High  
2010: Bismarck High  
2009: Bismarck High  
2008: Bismarck High  
2007: Bismarck High  
2006: Bismarck High  
2005: Bismarck High

## By the numbers

The number of state individual cross country champions that have come from WDA schools, since the NDHSSAA began sponsoring the activity in 1961.

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For more game boxscores and other information, log on to [wdasports.org](http://wdasports.org)

## 2015 SEASON SCHEDULE/RESULTS

### This week's schedule

#### Thursday, Sept. 3

Bowman Meet, 10 am. CT

#### Friday, Sept. 4

Anderson/Stavn Invite, 1 p.m. CT, McDowell Dam east of Bismarck

Rolling Hills Classic, 2:30 p.m. CT, Dunseith

Aberdeen, SD Meet, 6:30 p.m. CT

#### Last week

#### Aug. 27

Rusty Bucket, McDowell Dam, east of Bismarck

#### Team totals

1. Bismarck High; 2. Century; 3. Legacy; 4. Mandan

Individual winner: Sam Clausnitzer, BHS, 15:51.55

#### Aug. 28

Valley City Invite

### Team totals

1. Jamestown 22; 2. Medina-Pingree-Buchanan 41; 3. Central Cass 73; 4. Valley City 83.

Individual winner: Kyle Schumacher, Jamestown, 13:34

### Minot Mouse River Run, 4 p.m., Optimist Complex

No team scores kept.

Individual winner: Leif Everson, Williston, 16:07

### Glendive, MT Invitational

#### Team totals

1. Glendive, MT, 26; 2. Dickinson, 86; 3. St. Labre, 91; 4. Custer Co., 145.

Individual winner: Ashton Jones, Glendive, MT, 16:25.25

**BISMARCK HIGH:** For a second week in a row, the Demons will compete at McDowell Dam east of Bismarck. BHS will run in the Anderson/Stavn Invite on Friday, Sept. 4. The squad had a strong showing last week at the annual Rusty Bucket, taking the boys-girls combined title. Six BHS runners finished in the top 10 led by Sam Clausnitzer, who won the event in at time of 15:51.55. BHS remains No. 1 in the coaches' poll and three runners are in the top 10 individual rankings, 1. Sam Clausnitzer; 7. Matt Bakken; 10. Stuart Wolf.

**Rusty Bucket**  
1. Sam Clausnitzer, 15:51.55; 2. Matt Bakken, BHS, 16:45.57; 5. Dan Finley, 17:02.99; 6. Stu Wolf, BHS, 17:13.34; 9. Russell Swager, 17:42.20; 10. Jaden Fettig, 17:54.66; 12. Morgan Fairbairn, 17:57.02; 14. Dylan Rohrich, 18:02.11; 18. Steve Gotta, 18:22.54; 19. Nolan Maher, 18:28.51; 29. Ian Schafer, 19:07.68; 38. Blake Rohrich, 20:28.37; 42. Trevan Long Feather, 21:13.37; 43. Eric Weiland, 21:25.37; 49. Jared Honeyman, 22:21.50

**CENTURY:** The Patriots compete this Friday, Sept. 4 at the Anderson/Stavn Invite at McDowell Dam east of Bismarck. Century competed last week at the annual Rusty Bucket at McDowell Dam, taking second. Mason Stenehjelm led Century by taking third overall in a time of 16:48.37. Three other runners were in the top 10. Century is ranked No. 2 in the latest coaches' poll. Stenehjelm is ranked ninth, individually.

**Rusty Bucket**  
3. Mason Stenehjelm, 16:48.37; 4. Joseph Wolfe, 16:59.10; 7. Evan Saylor, Cent., 17:38.88; 8. Jamison Dieterich, 17:41.90; 13. Evan Markel, 18:00.02; 16. Joseph Felton, 18:12.00; 20. Ryan Kohler, 18:30.52; 23. Brennan Tyler, 18:35.21; 25. Luke Walz, 18:40.80; 30. Jaden Rittenbach, 19:13.03; 35. Hunter Wilmes, 20:04.77; 37. Mitch Honeyman, 20:19.51; 41. Hunter Hoheisel, 20:51.57; 44. Alex Hilzendege, 21:37.01

**DICKINSON:** The Midgets are scheduled to compete at the Anderson/Stavn Invite at McDowell Dam east of Bismarck on Friday, Sept. 4. Dickinson opened its season last week at a meet in Glendive, MT, finishing second. Collin Shock paced the squad with a runner-up finish. He completed the 5,000 meters in 17:41.52. One other Midgets runner was in the top 10.

**Glendive, MT Meet**  
2. Collin Shock, 17:41.52; 8. Michael Herauf, 18:28.93; 23. Ian George, 19:32.40; 26. Daniel Lerew, 19:40.18; 27. Ethan Dietz, 19:42.31; 35. Keaton Smith, 20:52.06; 38. Jeremy Parker, 21:01.17; 40. Garrett Hughes, 21:09.82; 41. Chase Hughes, 21:10.33; 43. Christopher Dean, 21:12.85; 45. Layton Lambert, 21:29.01; 47. Hayes Blankenship, 21:48.00; 49. Landon Pavish, 21:54.39; 51. Tyler Kostelecky, 22:07.24; 57. Dan Carroll, 23:19.84

**JAMESTOWN:** The Blue Jays are set to compete in Aberdeen, SD on Friday, Sept. 4. Jamestown captured the Valley City Invite last week going 1-2-3-5. Kyle Schumacher won the short course (3,000 meters) in a time of 13:34. Three others were in the top 10.

**Valley City Invite**  
1. Kyle Schumacher, 13:34; 2. Cole Burkle, 14:04; 3. Dustin Wagner, 14:06; 5. Justus Naumann, 14:55; 11. Kaden Murray, 15:48; 18. Jared Andersen, 16:21; 21. Thomas Schmiedeberg, 18:53

**LEGACY:** The Sabers will return to McDowell Dam east of Bismarck on Friday, Sept. 4 to run in the Anderson/Stavn Invite. Legacy opened its season with a third place finish at the Rusty Bucket. Beau Brannan led the squad with a 15th place effort, 18:05.25.

**Rusty Bucket**  
15. Beau Brannan, 18:05.25; 17. Thomas Tieszen, 18:12.56; 21. Isaiah Germolus, 18:32.39; 22. Jack Markle, 18:32.72; 27. Braden Gilbertson, 18:45.29; 31. Carl Reis, 19:20.39; 32. Zach Reamann, 19:28.96; 33. Carter Scott, 19:30.03; 34. Taylor Toso, 19:37.95; 39. Luke Sorenson, 20:33.94; 50. Grant Gader, 23:18.54; 55. Caleb Collado, 29:04.52.

**MANDAN:** The Braves will run at the Anderson/Stavn Invite on Friday, Sept. 4 at McDowell Dam east of Bismarck. Mandan finished fourth at the Rusty Bucket last week. Landon Kleingartner was the top Brave runner, placing 10th in a time of 17:51.88.

**Rusty Bucket**  
10. Landon Kleingartner, 17:51.88; 24. Luke Peterson, 18:38.53; 26. Ben Fishbeck, 18:43.10; 28. Mason Brown, 18:59.43; 36. Eric Spilman, 20:14.16; 40. Tyler Tibke, 20:48.08; 46. Taylor McDowell, 21:52.11; 47. Casey Beck, 21:58.39; 48. Lee Heider, 22:03.47; 51. Chase Peterson, 23:21.74; 52. Ethan Babb, 23:58.74; 53. Caleb Fry, 24:17.22; 54. Brad Willoughby, 25:32.47

**MINOT:** The Magicians are scheduled to run at the Anderson/Stavn Invite at McDowell Dam east of Bismarck on Friday, Sept. 4. Minot opened its season at its home Mouse River Run. No team scores were kept. Carson Tofteland was the top finisher for the Magi, placing ninth in a time of 18:03. One other runners was in the top 10.

**Minot Mouse River Run**  
9. Carson Tofteland, 18:03; 10. Keston Van Dusen, 18:06; 14. Gabe Hegstad, 18:18; 15. Ethan Behm, 18:19; 19. Deven Forbes, 18:36; 22. Samuel Opozda, 19:05; 23. Austin Keller, 19:09; 26. Cole Armagost, 19:20; 29. Colton Gibson, 19:51; 30. Harrison Folz, 20:02; 32. Skyler Sims, 20:19; 33. Brady Halvorson, 20:27; 24. Courage Amsbury, 20:33; 40. Jonathan Mathistad, 20:49; 41. Adam Lindoe, 20:49; 42. Curtis Anderson, 21:10; 44. Hunter Cope, 21:25; 46. Aaron Gochanour, 21:28; 48. Tyler Thompson, 21:58; 50. Austin Greenheck, 22:27; 58. Zach Nugen, 24:11.31; 60. Tristan Kellum, 24:35.22; 61. Thomas Paszek, 24:26.56; 62. Zachary Krill, 24:57.28; 67. Michael Girard, 27:15.03.

**TMCHS:** The Braves will host their Rolling Hills Classic on Friday, Sept. 4 in Dunseith. TMCHS competed last week at the Minot Mouse River Run. Jacob Jensen finished 17th out of 69 runners.

### Minot Mouse River Run

17. Jacob Jensen, 18:34

**WILLISTON:** The Coyotes are scheduled to run on Thursday, Sept. 3 at the Bowman Meet. Williston is coming off a strong effort in its opening meet in Minot last week. Leif Everson won the Mouse River Run in a time of 16:07. In the latest state coaches' poll, Everson is ranked fourth among individual Class A runners.

### Minot Mouse River Run

1. Leif Everson, 16:07; 6. Keaton Mack, 17:27; 16. Sam Olson, 18:21

## Week 1 Coaches' Poll

### Team Rankings (As of Sept. 2)

1. Bismarck High; 2. Century; 3. Fargo Davies; 4. G.F. Red River; 5. G.F. Central

### Individual Rankings

1. Sam Clausnitzer, Bismarck High; 2. Leif Larsen, G.F. Central; 3. Hunter Lucas, F. Davies; 4. Leif Everson, Williston; 5. Ty Boucher, G.F. Red River;

6. David Hettich, G.F. Central; 7. Matt Bakken, Bismarck High; 8. Jacob Henne, F. Davies; 9. Mason Stenehjelm, Century; 10. Stuart Wolf, Bismarck High

## Starting Line

Several more WDA teams will begin their season this week. BHS, Century, Legacy will open the schedule at the Rusty Bucket on Aug. 27. Minot, Williston and TMCHS will run at the Mouse River Run on Friday, Aug. 28. Jamestown will compete at the Valley City Invite on Friday, Aug. 28.

## Cool Down

Bismarck High is ranked No. 1 in the preseason coaches' poll and has three runners ranked in the top 10...Century is ranked third and Minot, fourth.

## Team of the Week

Jamestown placed fourth at its season-opening meet, the Jamestown 'Orr'iginals Invite on Aug. 22. The Blue Jays had two runners finish in the top 13.

## Past WDA Champions

2014: Bismarck High  
2013: Bismarck High  
2012: Bismarck High  
2011: Bismarck High  
2010: Bismarck High  
2009: Bismarck High  
2008: Bismarck High  
2007: Bismarck High  
2006: Bismarck High  
2005: Bismarck High

## By the numbers

Five WDA runners are ranked in the top 10 in the preseason individual coaches' poll. (Sam Clausnitzer, BHS, 1st; Stuart Wolf, BHS, 4th; Leif Everson, Williston, 6th; Matt Bakken, BHS, 8th; Beau Brannan, Legacy, 9th).

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## 2015 SEASON SCHEDULE/RESULTS

### This week's schedule

#### Thursday, Aug. 27

Rusty Bucket, 7 p.m., McDowell Dam, east of Bismarck

#### Friday, Aug. 28

Valley City Invite, 2 p.m., Valley City CC

Minot Mouse River Run, 4 p.m., Optimist Complex

**BISMARCK HIGH:** The Demons open the season at the annual Rusty Bucket on Aug. 27 at McDowell Dam. In the preseason coaches' poll, BHS is ranked first in the Class A coaches' poll. Sam Clausnitzer, 2015 individual champion, is ranked first in the individual coaches' poll. Stuart Wolf, fourth; and Matt Bakken, eighth, were also ranked.

**CENTURY:** The Patriots will open the season at the annual Rusty Bucket on Aug. 27 at McDowell Dam. In the preseason coaches' poll, Century is ranked third.

**DICKINSON:** The Midgets will begin the season on Thursday, Sept. 3 at the Anderson/Stavn Invite in Bismarck. In the preseason coaches' poll.

**JAMESTOWN:** The Blue Jays will compete at the Valley City Invite on Friday, Aug. 28. Jamestown opened the season by placing fourth at its Jamestown 'Orr'iginals Invite on Aug. 22. Kyle Schumacher was the top runner, finishing sixth in the 5,000 meter race. He finished in a time of 17:06.

#### Jamestown Orriginals Invite

6. Kyle Schumacher, 17:06; 13. Dustin Wagner, 18:14; 27. Justus Naumann, 1:11; 55. Jared Anderson, 21:34; 61. Kaden Murray, 21:48

**LEGACY:** The Sabers will open the season at the annual Rusty Bucket on Aug. 27 at McDowell Dam. All-state runner, Beau Brannan was ranked ninth in the individual coaches' poll.

**MANDAN:** The Braves will compete at the Rusty Bucket Invite on Thursday, Aug. 27. Mandan finished fifth in its season-opening race at the Jamestown 'Orr'iginals Invite on Aug. 22. Landon Kleingartner was the top finisher, placing 12th. He completed the 5,000 meter course in 18:08.

#### Jamestown Orriginals Invite

12. Landon Kleingartner, 18:08; 28. Luke Peterson, 19:13; 37. Ben Fishbeck, 20:07; 48. Eric Spilman, 21:02; 49. Tyler Tibke, 21:11

**MINOT:** The Magicians will open the season on Friday, Aug. 28 when it hosts the Minot Mouse River Run. In the preseason coaches' poll, Minot is ranked fourth.

**TMCHS:** The Braves are scheduled to compete next on Friday, Aug. 28 at the Minot Mouse River Run. TMCHS finished 13th at its season-opening race at the Jamestown 'Orr'iginals Invite on Aug. 22. Jacob Jensen placed 20th. He finished the 5,000 meter course in 18:36.

#### Jamestown Orriginals Invite

20. Jacob Jensen, 18:36

**WILLISTON:** The Coyotes will open the season at the Minot Mouse River Run on Friday, Aug. 28. All-state runner Leif Everson was ranked sixth in the individual coaches' poll.

## Preseason Coaches' Poll

### Team Rankings

1. Bismarck High; 2. Fargo Davies; 3. Century; 4. Minot; 5. Grand Forks Red River

Also receiving votes: Grand Forks Central.

### Individual Rankings

1. Sam Clausnitzer, Bismarck High; 2. Hunter Lucas, Fargo Davies; 3. Leif Larsen, G.F. Central; 4. Stuart Wolf, Bismarck High; 5. Leif Everson, Williston; 6. Jacob Henne, Fargo Davies; 7. Ty Boucher, G.F. Red River; 8. Matt Bakken, Bismarck High; 9. Beau Brannan, Legacy; 10. David Het-tich, G.F. Central

## Starting Line

The 2015 season gets underway on Saturday, Aug. 22 at the annual Jamestown 'Orr'ignals Meet at 11 a.m. Several WDA teams will be competing.

## Cool Down

The last team other than Bismarck High to win a state title is Williston in 2004...BHS and Century were the only two teams to post their top five runners in the top 30 at the 2014 Class A Meet...Five WDA teams had at least one all-state finisher...Dickinson will host this year's WDA Championships, Oct. 10.

## Team of the Week

## Past WDA Champions

2014: Bismarck High  
2013: Bismarck High  
2012: Bismarck High  
2011: Bismarck High  
2010: Bismarck High  
2009: Bismarck High  
2008: Bismarck High  
2007: Bismarck High  
2006: Bismarck High  
2005: Bismarck High

## By the numbers

Bismarck High has won its last 77 cross country meets within the state of N.D. That streak has spanned 10 years. The last time the Demons did not win was at the 2004 state meet (Oct. 23).

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For more game boxscores and other information, log on to [wdsports.org](http://wdsports.org)

## 2015 SEASON SCHEDULE/RESULTS

### This week's schedule

#### Saturday, Aug. 22

Jamestown 'Orr'ignals, 11 a.m. CT, Pipestem Dam Reservoir  
CT: Central Time

**BISMARCK HIGH:** The Demons are scheduled to open the season at the annual Rusty Bucket on Aug. 27 at McDowell Dam. Sam Clausnitzer extended BHS' streak of state individual champions last year. He joins Christian Osoro, 2007-08; Christian Brownotter, 2009; Jake Leingang, 2010-12; and Matt Gotta, 2013 who won consecutive titles. Clausnitzer, Sr., returns along with fellow all-state runners Stuart Wolf, Sr., 8th; Matt Bakken, Jr., 12th; and Dan Finley, Sr., 20th.

**CENTURY:** The Patriots are scheduled to open the season at the annual Rusty Bucket on Aug. 27 at McDowell Dam. Century finished third at last year's Class A meet in 2014. All-state runner Mason Stenehjelm, a senior, returns, taking 19th.

**DICKINSON:** The Midgets are scheduled to open the season at their annual Jamestown 'Orr'ignals Meet on Saturday, Aug. 22. Dickinson won the 2014 'Orr'ignals Invite and finished eighth at the Class A meet in 2014. Senior Wyatt Kainz is the top returning runner for the Midgets. He finished 49th at state.

**JAMESTOWN:** The Blue Jays are scheduled to open their season at the Jamestown 'Orr'ignals Meet on Saturday, Aug. 22. Jamestown finished 12th at the Class A meet in 2014. Kyle Schumacher is the squad's top returner from 2014, finishing 26th at state.

**LEGACY:** The Sabers are scheduled to open the season at the annual Rusty Bucket on Aug. 27 at McDowell Dam. Legacy finished a respectable 11th at the Class A state meet in 2014. It was the program's first year of competing at the varsity level. Sophomore all-state runner Beau Brannan returns. He placed 13th a season ago.

**MANDAN:** The Braves are scheduled to open the season at their annual Jamestown 'Orr'ignals Meet on Saturday, Aug. 22. Mandan finished 13th at the Class A meet in 2014. Junior Luke Peterson is the top returning runner for the Braves, finishing 72nd at state.

**MINOT:** The Magicians are scheduled open the season at their annual Jamestown 'Orr'ignals Meet on Saturday, Aug. 22. Minot placed fifth at the Class A meet in 2014. Junior Thor Nelson is the top returning runner for the Magi, placing 39th at state.

**TMCHS:** The Braves are scheduled to open the season at their annual Jamestown 'Orr'ignals Meet on Saturday, Aug. 22. TMCHS placed 19th at the Class A state meet in 2014. Freshman Jacob Jensen is the top returning finisher for the Braves, placing 67th at state.

**WILLISTON:** The Coyotes are scheduled to open the season at the Minot Mouse River Run on Aug. 28. Williston finished ninth at the Class A state meet in 2014. Junior all-state runner Leif Everson returns. He placed ninth last season.

## 2014 REWIND

### WDA Championships, McDowell Dam Recreation Area, east of Bismarck Team total (5,000 meters)

1. Bismarck High, 23; 2. Century, 63; 3. Dickinson, 120; T4. Minot, 170; T4. Williston, 170; 6. Legacy, 193; 7. Jamestown, 250; 8. Mandan, 291

**Individual champion:** Sam Clausnitzer, BHS, 15:42.55

### All-WDA (Top 20)

1. Sam Clausnitzer, BHS, 15:42.55; 2. Jackson Binstock, Dick., 15:47.01; 3. Tom Clausnitzer, BHS, 16:28.11  
4. Beau Brannan, Leg., 16:29.02; 5. Stuart Wolf, BHS, 16:37.30; 6. Matt Bakken, 16:40.63; 7. Devan Shumway, Will., 16:40.90; 8. Tayler Wescom, BHS, 16:48.49; 9. Mason Stenehjelm, Cent., 16:51.20; 11. Andrew Kohler, Cent., 16:51.72; 11. Jaden Wahlund, Min., 16:52.20; 12. Kalen Two Crow, Cent., 16:53.51; 13. Leif Everson, Will., 16:53.95; 14. Dan Finley, BHS, 17:01.81; 15. Ryan Fetch, Cent., 17:02.99; 16. Jackson Carlson, BHS, 17:03.40; 17. Jamison Dietrich, Cent., 17:03.89; 18. Sam Markle, BHS, 17:04.99; 19. Joseph Wolfe, cent., 17:10.94; 20. Collin Schock, Dick., 17:10.94

### WDA team results (Top 5)

#### Bismarck High

1. Sam Clausnitzer, 15:42.55; 3. Tom Clausnitzer, 16:28.11; 5. Stuart Wolf, 16:37.30; 6. Matt Bakken, 16:40.63; 8. Tayler Wescom, 16:48.49

#### Century

9. Mason Stenehjelm, 16:51.20; 10. Andrew Kohler, 16:51.72; 12. Kalen Two Crow, 16:53.51; 15. Ryan Fetch, 17:02.99; 17. Jamison Dietrich, 17:03.89

#### Dickinson

2. Jackson Binstock, 15:47.01; 20. Collin Schock, 17:10.94; 26. James Smith, 17:29.90; 29. Wyatt Kainz, 17:35.02; 43. Dakotah Mansfield, 17:47.91

#### Minot

11. Jaden Wahlund, 16:52.20; 30. Christopher Stock, 17:37.10; 37. Keston Van Dusen, 17:41.47; 44. Austin Keller, 17:53.52; 48. Jace Johnson, 17:55.27

#### Williston

7. Devan Shumway, 16:40.90; 13. Leif Everson, 16:53.95; 42. Keaton Mack, 17:46.51; 53. Matt Cohoe, 18:10.84; 55. Sam Olson, 18:14.43

#### Legacy

4. Beau Brannan, 16:29.02; 31. Thomas Tieszen,

17:37.90; 35. Sam Markle, 17:40.84; 52. Braden Gilbertson, 18:09.58; 71. Alex Anderson, 18:50.27

#### Jamestown

22. Kyle Schumacher, 17:12.85; 47. Leo Fremgen, 17:54.77; 59. Justus Naumann, 18:16.27; 60. Cole Burkle, 18:18.58; 62. Luke Bowman, 18:23.52

#### Mandan

25. Bryce Andresen, 17:28.81; 45. Luke Peterson, 17:53.87; 63. Ryan Zachmeier, 18:27.19; 73. Trajon Viegen, 18:54.66; 85. Bryden Wanner, 19:16.43

#### TMCHS (Belcourt)

110. Riley Larocque, 20:36.32; 123. Brek Laducer, 22:13.94

**Region senior athlete of the year:** Jackson Binstock, Dickinson

**Region coach of the year:** Darryl Anderson and David Zittleman, Bismarck High

### N.D. Class A Meet, Minot Souris Valley G.C.

#### Team totals (5,000 meters)

1. Bismarck High, 31; 2. Fargo Davies, 91; 3. Century, 113; 4. G.F. Red River, 168; 5. Minot, 193; 6. G.F. Central, 207; 7. West Fargo, 226; 8. Dickinson, 245; 9. Williston, 291; 10. Fargo North, 266; 11. Bismarck Legacy, 288; 12. Jamestown, 329; 13. Mandan, 377; 14. West Fargo Sheyenne, 425; 15. Fargo South, 447; 16. Fargo Shanley-Oak Grove-PC, 452; 17. Devils Lake, 702; 18. Wahpeton, 731; 19. TMCHS (Belcourt), 749; 20. Valley City, 793.

**Individual winner:** Sam Clausnitzer, BHS, 15:32.81

#### All-state finishers (Top 20)

1. Sam Clausnitzer, BHS, 15:32.81; 2. Jackson Binstock, Dick., 15:59.3; 3. Hunter Lucas, Davies, 16:14.1; 4. Tom Clausnitzer, BHS, 16:14.6; 5. Evan Kottstick, Davies, 16:17.7; 6. Sam Markle, BHS, 16:22.6; 7. Leif Larsen, GFC, 16:23.7; 8. Stuart Wolf, BHS, 16:24.1; 9. Leif Everson, Will., 16:28.8; 10. Jacob Henne, Davies, 16:33.7; 11. Ty Boucher, GFRF, 16:34.4; 12. Matt Bakken, BHS, 16:35.8; 13. Beau Brannan, Leg., 16:36.5; 14. Parker Rosenau, WF, 16:38.6; 15. Alex Lus, North, 16:41.7; 16. Devan Shumway, Will., 16:42.7; 17. David Hettich, GFC, 16:43.0; 18. Andrew Kohler, Cent. 16:44.3; 19. Mason Stenehjelm, Cent., 16:46.5; 20. Dan Finley, BHS, 16:48.1.

### WDA team results (Top 5)

#### Bismarck High

1. Sam Clausnitzer, 15:32.81; 4. Tom Clausnitzer, 16:14.55; 6. Sam Markle, 16:22.53; 8. Stuart Wolf, 16:24.05; 12. Matt Bakken, 16:35.75

#### Century

18. Andrew Kohler, 16:44.24; 19. Mason Stenehjelm, 16:46.44; 23. Kalen Two Crow, 16:55.78; 24. Michael Feeney, 16:57.45; 29. Jamison Dietrich, 17:06.31

#### Minot

22 Jaden Wahlund, 16:53.63; 34. Christopher Stock, 17:12.46; 39. Thor Nelson, 17:22.94; 48. Keston Van Dusen, 17:38.02; 50. Tyler Kruthof, 17:41.00

#### Dickinson

2. Jackson Binstock, 15:59.26; 44. Jamie Smith, 17:30.28; 49. Wyatt Kainz, 17:38.47; 74. Kyle Wegner, 18:04.76; 76. Ian George, 18:06.07

#### Williston

9. Leif Everson, 16:28.80; 16. Devan Shumway, 16:42.61; 65. Sam Olson, 17:57.75; 80. Matt Cohoe, 18:07.28; 81. Logan Jorgenson, 18:08.75

#### Legacy

13. Beau Brannan, 16:36.49; 52. Jack Markle, 17:41.74; 60. Thomas Tieszen, 17:55.09; 66. Braden Gilbertson, 17:58.29; 97. Carl Reis, 18:28.61

#### Jamestown

26. Kyle Schumacher, 17:04.56; 54. Leo Fremgen, 17:46.08; 79. Cody Lutman, 18:06.77; 82. Luke Bowman, 18:08.91; 88. Justus Naumann, 18:15.30

#### Mandan

30. Bryce Andresen, 17:07.41; 68. Ryan Zachmeier, 17:59.70; 72. Luke Peterson, 18:02.05; 92. Landon Kleingartner, 18:25.65; 115. Bryden Wanner, 19:02.18

#### TMCHS (Belcourt)

67. Jacob Jensen, 17:59.17; 169. Brek Laducer, 22:06.92

**Region senior athlete of the year:** Jackson Binstock, Dickinson

**Class A coach of the year:** Darrell Anderson, Dave Zittleman, BHS